



**Information Youth Centre Orava**

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# **Annual Report of ICM Orava**

## **For the year 2007**

**January 2008**

**“ The sense cannot be donated, but it must be searched.“**

(V.E. Frankl)



When the calendar year is finished, everyone is balancing, valuing, analysing achieved results, everyone is looking for new practices and strategies. Our non- governmental organisation CA ICM Orava with its domicile in Medvedzie also could not elude that step. Year 2007 was a year full of activities, education, and different programmes for children and youth, for adults, pedagogues, employees, managers and parents. We built the Job centre, which has entered into privity of people with its services, external advisory officers, micro-educational groups for Job Applicants. The mutual need of cooperation between CA ICM Orava and state, public and business sector have raised and the possibilities of an effective and useful co-operation were profiled. For the last year CA ICM Orava worked up “conception of the next development“ and this was wholly filled also thanks to realised projects,

active internal and external employees of CA ICM Orava, thanks to co-operating regional institutions, thanks to donors.

#### **The results have appeared as follows:**

- The General Meeting and the Board of CA ICM Orava regularly negotiates and approves required documents according the ratified Statute of the organisation. We would like to express our thanks also to all members of the General Meeting, who take an active part in creation of our philosophy, corporate communication, planning, deciding and a further growth of the non-governmental organisation- CA ICM Orava.
- CA ICM Orava has technical and material equipment for specific needs of their clients and programmes.
- It employs 4 internal and 18 external employees.
- It has elaborated internal studies, analyses, work methods, internal documentation, statistics programmes, organisation structure, and conception of individual departments.
- Every year is being realised financial audit.
- We are planning to apply for the credit award of „quality of work“.
- The number of external **advisory officers** has been increased whereas it was a real need of our clients.
- We established the Info-point in Námestovo.
- Our publications, prospectus, method publications, manuals are distributing all over the country of the Slovak Republic.
- Within Orava region we are the only place of work, which offers anti-stress management for children, youth and adults by biofeedback and neurofeedback.
- We provide more education for our workers with purpose of increasing the professional access to clients.
- Specification for this year was the career preparation and the career counselling for all aim groups by the form of individual and also team work.
- This year we have recorded an extraordinary team cooperation of all interested members, experts, employees, volunteers; and collateral signs were: outstanding activity, motivation, goodwill to approach a common goal- we could say that people ”on the same wave length” have met., who rest upon presentations, services, clients, non-governmental organisation, simply upon all their work.

This way I would like to thank from the heart to all our internal and external workers, employees, volunteers, girls at the activity practice, sponsors and donors, cooperating organisations, home and foreign partners, and media.

*Thanks to all those:*

- **Who co-operated with us,**  
*because they have put their trust in us.*
- **Who gave us their credit,**  
*because they help us to walk further.*
- **Who maybe expected more, but they were tolerant of our views,**  
*their grandiosity helped us to learn by mistakes.*
- **Who change their working relation with us into friendship,**  
*because it is about our mutualness, not about the addiction.*
- **Who linger in co-operating with us,**  
*because they set a mirror to our self-satisfaction.*
- **Who are not co-operating with us, because they cannot pay for that and they cannot give it back,**  
*....they teach us the meekness and the sympathy.*

*I thank to all people, because life in the community is a royal gift.*

PhDr. Jana Tholtová

## **Basic information about ICM Orava:**

Information Youth Centre in Orava is a civic association based in Medvedzie. The main mission of ICM Orava is supporting the psychological and physical health of children and youth. ICM Orava helps families in crisis, children in danger, offers alternative forms of spending free time, attempts to activate unemployed job applicants in the labour market, and provides information service and consultancy, training and requalification courses. Carrying out the programme of primary, secondary and tertiary prevention, realisation of the career preparation and the career consultancy is also a part of activities of ICM Orava.

ICM Orava is a member of the Union of Information and Consultancy Centres in Slovakia and observes the European Information Charter for Youth.

## **The Statutory Body:**

PhDr. Jana Tholtová, president of the Executive Board of ICM Orava, director, project manager

## **The Board of ICM Orava:**

PhDr. Jana Tholtová, president

Ing. Miroslav Slosiar, vice-president

Bc. Helena Rošková, vice-president

PaedDr. Tatiana Gandelová, the member of the Board

Veronika Latková, the member of the Board

## **The Revision committee:**

Ing. Jana Horská

Alena Mereššová

Ing. Dagmar Muščíková

## **Other members:**

PhDr. Gabriel Bianchi

Ing. Marián Janega

Ing. Vladimír Pavelka

Ing. Natália Rakovanová

František Rišian

Dušan Tarčák

## **Programme of the organisation:**

- information service and consultancy
- career, labour-legislative, social and psychological counselling
- stress-management, NFB,HRV, therapeutic programmes
- educational programmes for unemployed applicants in the labour market- „accredited programmes of the Ministry of Education of the Slovak Republic“
- educational programmes for pedagogues, managers, employees, social workers and others
- social sphere- helping families and individuals in crisis, summer educational-recreation stays for children, club programmes, weekend trainings
- social prevention and social consultancy- „accredited programmes of the Ministry of Labour, Social Affairs and Family of the Slovak Republic“
- peer programmes , volunteers' preparation

- prevention group activities in elementary and secondary schools (drugs prevention, chicanery prevention , prevention of the truancy)
- publishing professional brochures
- publishing and educational - cultural activities.

### **Objectives of the organisation:**

- programmes for children and youth
- programmes for adolescents, parents and adults
- helping the employed and the unemployed citizens, who are discriminated, who are in a stress, and the like...
- helping the families and children in danger
- helping the individuals in crises
- carrying out the programme of primary drug addiction prevention
- carrying out the cyclical education, trainings, social- psychological trainings, coaching
- providing professional consultancy, professional service for clients

### **Project realised in 2007:**

1. Job Centre and Career Consultancy for the youth in Orava region
2. Learning region – direct consultancy, education and creation of network of players in order to develop a lifelong education in the self-governing region of Žilina (ŽSK)
3. Development of „Info-points“ in Orava region
4. Nationwide project V: Activation of the job applicants and the unemployed with low motivation depending on the social welfare benefits
5. Take a new look! – International and innovative model of working with parents of handicapped children
6. Educational- recreational programmes for children with behavioural defects.

## Job centre and Career consultancy for the youth in Orava region



From March 2005 until December 2007 Information Youth Centre in Orava based in Medvedzie has been carrying out a project called Job Centre and Career Consultancy for the youth in Orava region, which is co-financed by the European Union through the European Social Fund<sup>1</sup>.

The main mission of the project is searching for more effective instruments for young people, for their successful integration in the labour market, through education, career consultancy and development of professional skills.

During the realisation of the project we managed to carry out activities for young unemployed people, but also for students of secondary schools, who are also one of the target group of every Information Youth Centre in Slovakia. Specification of the EQUAL project was creation of the national and supranational partnership, setting of networks, mutual learning, exchange of experiences and programmes, mutual residential courses, workshops and conferences.

### **National partners in the Slovak Republic:**

Office of Labour, Social Affairs and Family in Námestovo  
Research Institute of Children Psychology and Pathopsychology (Výskumný ústav detskej psychológie a patopsychológie) in Bratislava  
Self- Governing Region of Žilina  
VVMZ spol. s r.o. Bratislava  
Academy of Education in Dolný Kubín

### **Supranational partners in the European Union:**

CEII Calabria EUROBIC Scpa, Calabria, Italy  
Fidet Coop Lazio Rome, Italy  
Krajowa Izba Gospodarczo – Rahabilitacyjna, Varšava, Poland  
Rzeszowska Agencja Rozwoju Regionalnego S.A., Rzeszów, Poland  
Suchtklinisches Kompetenzzentrum für soziale Reintegration gem. e.V. Germany

The project started with research and analysis of the employment and the education, studying programmes, and the labour market in Orava region and thus we elaborated a document called: Analysis of the employment in districts of Tvrdošín and Námestovo. We worked out analysis of psycho-diagnostic tests and studying plans, each of partner elaborated method needed for more effective career preparation and consultancy for young people. We searched together for instruments for the labour market and efficient educational programmes for students of secondary schools and for Job Applicants. We prepared an innovative interactive education in the sphere of implementation in the labour market, obtaining the European computer licence (passport), obtaining the European language certificate (TELC), which is intended for young people aged 15 to 25 years. We established a pilot workplace called „Job centre“, in which we

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<sup>1</sup> *European Social Fund was created by the Treaty of Rome which established the European Economic Community with the objective to improve job opportunities in the internal labour market and thus contribute to increase life standards. The objective of the European Social Fund is widening of employment possibilities, increasing geographical and professional mobility of employees within the Community and facilitation of their adaptation to the industrial changes within production systems mainly through professional education and requalification. „European Social Fund helps develop employment through supporting employability, business spirit, equal opportunities and investing in human resources“. [www.esf.gov.sk](http://www.esf.gov.sk)*

daily provided services aimed at the career preparation and consultancy through the individual approach and self- instruction programmes. Participants completed psycho-diagnostic preparation, they obtained a career profile of the personality, and they got useful information to help them in their orientation in the labour market and for their successful integration into the labour process. We made a personal database between the client and the employer, which was offered to all applicants by Internet. A newly-originating internal documentation for Job Centre called Method of meditative activities of the Job centre was checked up within the project. Each activity was evaluated. Our supranational co-operation was focus on the creation of common analysis, methods, vocabulary, common CD Rom in each language, professional exchange stays and residential courses, dissemination of the project's results, common communication, and exchange of experiences, good practises and researches.

Within our communication with the project's participants from the ranks of students – school leavers and unemployed young people, we have gathered a lot of ideas, matters and information, which can help them to prove themselves in the labour market.

The outcome product is publishing of three brochures called:

- The road to your dream
- Career development guide or Take the life in your own hands
- Entrance to a secondary school

And publishing of manuals called:

- Method of career consultancy
- Job Applicants' module num. 1: Strategy of the career development controlling



By fulfilling of the project's objectives came out following 22 output materials called:

- Creation of the partnership IS EQUAL in ICM Orava
- Method of the meditative activity of the Job Centre
- Psycho- dimension of ICM Orava and the Job centre Orava
- Pedagogical activity – Education of the internal workers of ICM Orava
- The Guide for lectors of a lifelong education course- “The effective instrument for the labour market“
- The Guide for participants of a lifelong education course- “The effective instrument for the labour market“
- Analysis of the unemployment in districts of Tvrdošín and Námestovo
- Analysis of the actual state of teaching plans at secondary schools in the sphere of career consultancy
- Career consultancy at secondary schools

- Evaluation of the educational process at secondary schools
- Evaluation of the educational process of Job Applicants
- Concept of the Job Applicants' education
- Method of the career consultancy
- Practical instruments of the career consultancy
- Educational guide at the school system of the pedagogical- psychological counselling
- Job Applicants' education, Module n. 1: Strategy of the career development controlling
- Job Applicants' education, Module n. 2: Social competencies
- Job Applicants' education, Module n. 3: The career and the labour market
- Education at secondary schools, Module n. 1: Self-knowledge as a form of the career success
- Education at secondary schools, Module n. 2: Social and community competencies
- Education at secondary schools, Module n. 3: Career controlling as a form of the success in the labour market
- Education at secondary schools, Module n. 4: The European labour market.

All of our activities were fulfilled in December 2007, we realised a mainstreaming of the project, i.e. the implementation of achieved results into the practice:

- adopting minimum principles of providing career counselling into professionals' work
- lobbying in creators of conceptions of studying plans in order to create a long-term career preparation for young people
- implementation of educational programmes and modules into the conception called “Young leader “
- propagation of information through brochures, manuals and CD-ROMs within the Slovak Republic
- continuation of the Job Centre with all its services

We informed the lay and also the professional public continuously by the web-side [www.jobcentrum.orava.sk](http://www.jobcentrum.orava.sk), [www.icm.sk](http://www.icm.sk), leaflets, brochures, annotations, workshops, bulletin boards, dissemination seminars, by the press and media.

## The “Learning Region“ – direct consultancy, education and creation of the network of players for development of a lifelong education in the self-governing region of Žilina



From 2006 to 2008 Information Youth Centre in Orava has been carrying out the Learning Region project- direct consultancy, education, and creation of the network of players for development of a lifelong education in the self-governing region of Žilina. The above- mentioned project is co-financed by the European Union within the project SOP IZ-2005/NP1-081.

The main objective of the mentioned project is to create the Learning region's partnership which will provide an effective interconnection of a lifelong education and consultancy with requirements of the local and the regional labour market.

Up to now realised activities:

- Creation of the partnership and co-operation of the learning region
- Creation of the map of educational requirements and employers' requests
- Creation of the map of the present human resources' professional profile in region
- Analysis of trends: difference between labour market's requirements and the present human resources' professional profile in region
- Creation of the mechanism of an effective feedback and its running
- Creation of recommendations for educational subjects in the sphere of a lifelong education and human resources development
- Creation of the method of the self-learning centre and running of the learning shop
- Formation of the self-learning centre and the learning shop, operation of direct advisory and educational centre for those who are learning, self-learning, information gathering
- Providing the professional career counselling: labour- legislative, social, and psychological consultancy, stress-management, business preparation
- Formation of educational modules for school-leavers, pedagogues, employed/managers
- Portal creation as the info-communicational and the educational platform
- Running of the educational programme ”developmental programme for those who are learning”, within which we realised 1 course for school-leavers, 3 courses for pedagogical workers, 11 courses for employees/managers in 2007

The education of pedagogical workers was aimed at gathering of theoretical and practical skills: pedagogue's personality, self-knowledge, social and communication competencies of pedagogue/coordinator, work with group, personal approach and conversation, ability to resolve conflict situations, creative games, experience activities. The education also included a method of team programmes for children with behavioural defects.

The objective of employees/ managers' education is training to effective labour forms and methods, communication, work with client, key competencies, video-training, presentation skills, ability to manage the process of self-knowledge, self-recognition, ability to understand own analysis, plan process and management, coaching, budgets, realisation of projects of the European Union, and also the guidance for workers' professional growth and work performance.

Within our co-operation with the Office of Labour, Social Affairs and Family in Námestovo we realised educational training for school-leavers which gave them basic legislative information with an orientation toward business, gathering of communication and social skills, ability to work in team, knowledge in the sphere of marketing and management, cognition of one's abilities and skills, own career profile.

The objective of the career consultancy is to help clients when deciding about their education, preparation for the labour market, career development, and to provide professional vocational guidance, the assessment of personal assumptions, abilities, and skills. The career consultancy also includes services for those who have not joined the labour market yet, and also for those who are trying to change their job.

Our aim is an intensive counselling activity with an individual approach and complex services for individuals; to help young school-leavers - job applicants, and employees who are trying to change their job with orientation in the labour market, to help them with their successful integration by individual counselling, to create an interconnection between employer, client and the labour market:

- consultation with client who is searching for better paid and interesting job
- orientation in the labour market
- creation of personal database between the client and the employer
- setting down in writing of applications, professional curriculum vitas, motivation letters
- preparation for the job interview
- creation of individual action plans
- further education with an innovative approach and with labour market's requirements
- review of job opportunities
- counselling for beginning businessmen, consultations on creation and finishing of business intendments
- work with Internet, searching for actual information
- utilization of database and open vacancies.

Qualified career advisory officers counsel with resolving problems at the educational and the professional career, they direct when deciding about further study at secondary schools and universities, they bring school-leavers into line when deciding about job or requalification for other occupation, when choosing courses, and the employed when struggling for a change of job or qualification increasing.

More information about professional consultancy → [www.uciacisaregion.sk](http://www.uciacisaregion.sk), [www.icm.sk](http://www.icm.sk)

## “Info-points development in Orava region “



The project called **”Info-points development in Orava region“** is supported by the Ministry of Education of the Slovak Republic within the programme of support of information-counselling activities for children and youth in 2007. It follows up the previous activities of CA ICM Orava in the sphere of providing information services and consultancy for young people aged 15 to 26, and also for all inhabitants of Tvrdošín and Námestovo districts. The project enabled the system of regional office with two info-points: one in district of Tvrdošín, one in district of Námestovo to be done.

The project's objectives were:

- Establishment of the new info-point in Námestovo and its throwing open to young people from Námestovo district, together with information-counselling services
- Supporting and widening possibilities of the information access for young people from Tvrdošín and Námestovo districts.
- Providing gratuitous information services and counselling in above-mentioned districts
- Supporting and developing of the quality of provided information
- Propagation of the professional counselling
- Publicity support
- Publishing activity

During realisation of the project **“Info-points development in Orava region“** in 2007, we managed to carry out all of our objectives by following activities:

- Providing information services and consultancy for our clients- continuously according their needs
- Selection, classification and processing of information
- Provisioning the advertisement and informing the public about services of ICM Orava
- Continuous providing services of ICM Orava: Internet access, Xerox copying of materials, work on PC, scanning, burning data on carriers, printing documents from PC
- Publishing of up-to-date information at [www.nizna.icm.sk](http://www.nizna.icm.sk)
- Realisation of the 4<sup>th</sup> information campaign for pupils, students, and also for the unemployed wide public.

### **The establishment and activities of the Info-point– ICM Námestovo**

A detached office of ICM Námestovo has been put into action from May 2007. It is situated in Common office in Zakamenné, Hattalova 367/15, 029 01 Námestovo. The establishment of the Info-point came out from requirements of inhabitants of Námestovo district, and so the equality of opportunities and the equality of the information access were ensured, clients did not have to travel to city of Tvrdošín to get right information.

**ICM Námestovo** is a detached office of ICM Orava, which realises its activities with the support of the Ministry of Education of the Slovak Republic within the programme of support of information-counselling activities for children and youth in 2007 within a project called **“Info-points development in Orava region“**. The main aim of its activities is to provide free information service and counselling for young people aged 15 to 26, and also for all inhabitants of Námestovo district.

**ICM Námestovo** provides:

**Information service** aimed at information and labour service, sphere of education, travelling, leisure activities, sphere of the citizen and the society. This service was provided by a personal contact, by an electronic and phone form when asked and on own impulse too, during different public meetings and various activities.

**Gratuitous career counselling** – review of job opportunities, setting down in writing of professional curriculum vitas, applications, and motivation letters, consultations when preparing for the interview, consultations with client who is searching for better paid and more interesting job (regional newspaper, Internet, firms, job agencies, ADZ, ...), the labour market, creation of individual action plans, further education, consultations with work on PC and Internet.

**Gratuitous career counselling aimed at business** – consultancy for beginning businessmen (small traders), consultancy in the sphere of grant utilizing when starting with business, consultations on the creation and finishing of business intendments (on the basis of which it is possible to obtain unreturnable financial contribution from the Office of Labour, Social Affairs and Family), consultations on the creation of financial cash of income, expenses, claims, obligations for three years within the creation of business intendment, consultations on tax politics into individual insurance companies.

### **Publishing activity and the publicity**

Providing information service and counselling in a detached office of ICM Orava in Námestovo was gratuitous. ICM Orava acceded to a fulfilment of objectives of the European information charter for the youth, which laid down the right to gratuitous access to information for young people. Clients had a possibility to utilize gratuitously information leaflets, information materials and published brochures. We paid attention to the contents and the quality of information. Services were provided on the basis of recommendations approved by the General Meeting of the Union of Information and Consultancy Youth Centres in the Slovak Republic (Unified classification of information, Criteria of common working method in ICM). Information was mainly asked in the sphere of occupation preference, choosing a convenient job, travelling, and mainly in the sphere of career counselling oriented toward business.

## **National project V: Activation of job applicants and the unemployed with low motivation and those depending on the social welfare benefits**



The main objective of the activation was both creating training for development of working skills of Job Applicants and helping to support continuous providing services of ICM Orava and its detached office. It created further possibilities for the unemployed to strengthen their key competencies together with developing of programmes and activities of CA ICM Orava. Participants in the activation were carrying out common administrative tasks to secure information services, project management and work performance of the regional office of ICM Orava.

Participants of the activation activity have finished the education aimed at development of obtained skills to their individual work on PC connected with searching for objective information by Internet as a possibility of increasing "own credit" in the labour market. The education also included getting a legal privity of copyright observance when "downloading" internet data. During a practical part of education participants learned to work on PC, to work directly with text document, charts, and pictures, to create own presentations, they learned how to communicate by Internet, and to utilize PC effectively when working.

### **Educational – recreation stays for children with behavioural defects**

The main objective of the project was to eliminate behavioural defects of children and to get necessary social habits, development of social skills of children with behavioural defects and families with the material lack, development of communication skills, and development of the emotional intelligence and harmonization of the child personality, harmonization of family relations. Re-education, behavioural therapy oriented toward elimination of behavioural defects, support of the healthy lifestyle. Creating and shaping right social and hygienic habits, self-knowledge, self-improvement, self-consciousness. Prevention of the social-pathological features, chicanery prevention and managing of the violence.

To provide the above- mentioned objectives we took advantage of interactive and experience games, group therapeutical methods and forms of work, which are conditional upon children's personalities and a total programme. Activities linked up continuously and they replenished among themselves.

The training of social skills and family competencies is an integrated programme, which is elaborated into individual modules (personality, family, communication, stress, conflict resolving, assertivity, cognitive and conative process, psycho-hygiene and daily regime, process of the education, daily and weekly plan of activities).

Educational-recreation programme and social skill training for children with behavioural defects:

Programme of the stay:

- Educational- recreational- reeducational part
- Professional part
- Depending on the need, professionals guarantied the individual approach to children when a psychical condition and combination of diagnosis required that (neurotic children, ADHD, behavioural defects, anxiety...).

## “Take a new look!“ – International and innovative model of working with parents of handicapped children



This project is determined for a special target group of professionals working with parents of children with specific pedagogical needs or parents of children with any type of handicap. The project's objective is the creation of educational programme for professionals (with emphasis on the partner-like relationship parent-advisor, or what can I as a professional learn from the parent), verification of the programme by way of two pilot courses and following realisation of two trainings within the Grundtvig 3 programme.

The project also includes creation of the web- side and E-learning platform, which are to serve to the project partners in order to communicate, realise E-conferences, as well as training participants; the web side is designed for public too.

Project activities include:

- 5 study and work visit
- creation of the web side
- creation of the E-learning platform
- creation and testing of 40-hour programme for professionals
- realisation of two G3 courses
- national conference in each country

Major outputs:

- training for professionals who work with parents of children with specific pedagogical needs
- training manual
- guideline – how to prepare materials for training participants
- manual – training methodology
- certificates given to training participants
- online forum destined for training participants ( E-platform)
- creation of database of professionals and organisations dealing with adult education, work with parents, etc.

## Plan of activities of **ICM Orava for the year 2008**

- Running of ICM Orava
- Running of the Self-learning Centre and the Learning shop
- Running of the Info-point in Medvedzie
- Running of the Info-point in Námestovo
- Providing info-service for young people
- Providing a career consultancy
- Realisation of educational programmes within the project UR
- Realisation of advisory and accredited trainings
- Realisation of workshops for pedagogues and students of elementary and secondary schools.
- Realisation of information campaigns
- Realisation of the work exchange
- Advisory courses for unemployed people
- Self-instruction programmes
- Publicity realisation
- Updating of the web-side [www.icm.sk](http://www.icm.sk), [www.uciacisaregion.sk](http://www.uciacisaregion.sk)
- Regional campaign for those, who are learning with purpose of propaganda of the importance of a lifelong education and counselling
- Portal propaganda like info-communicational and educational platform
- Dissemination and further development of the learning region in the self-governing region of Žilina
- Educational-recreation stays for children with behavioural defects
- National conference within Grundtvig project.
- G3 course.
- Preparation of new projects and their realisation

We thank to:

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### **Institutions we were co-operating with in 2007**

Academy of Education in Dolný Kubín  
CEII Calabria EUROBIC Scpa, Calabria, Italy  
Centrul de Educatie Speciala “Speranta”, Timisoara, Romania  
Danmar Computers, Poland  
Faculty of Education and Social Work, University of Dundee, Dundee, Great Britain  
Fidet Coop Lazio. Rome, Italy  
Fundacja na Rzecz Dzieci ze Środowisk Zagrożonych PLUS, Kraków, Poland  
A. Bernolák grammar school in Námestovo  
Hotel Altis, the Orava Dam, Námestovo  
Hotel Slanica, Settlement of Slanica  
Krajowa Izba Gospodarczo – Rahabilitacyjna, Varšava, Poland  
Ministry of Labour, Social Affairs and Family of the Slovak Republic, Bratislava  
Ministry of Education of the Slovak Republic, Bratislava  
Municipal Office in Tvrdošín  
Methodical- pedagogical centre in Bratislava  
PC Slovakia in Trstená  
Rzeszowska Agencja Rozwoju Regionalnego S.A., Rzeszów, Poland  
SPIN Deutschland Region NRW e.V., Düsseldorf, Germany  
Suchtklinisches Kompetenzzentrum für soziale Reintegration gem. e.V. Germany  
Private english-slovak grammar school in Žilina  
Swedish TelePedagogic Knowledge Centre, Nyköping, Sweden  
Office of Labour, Social Affairs and Family in Lučenec  
Office of Labour, Social Affairs and Family in Námestovo  
Office of Labour, Social Affairs and Family in Stará Ľubovňa  
Regional organisation for community activities in Banská Bystrica  
VVMZ spol. s r.o., Bratislava  
Research Institute of children Psychology and Pathopsychology ( Výskumný ústav detskej psychológie a patopsychológie) in Bratislava  
Self- Governing Region of Žilina

### **Sponsors of CA ICM Orava in 2007**

European Social Fund in Bratislava  
Municipal office in Tvrdošín  
Microsoft Slovakia, s.r.o. in Bratislava  
Ministry of Labour, Social Affairs and Family of the Slovak Republic in Bratislava, the Initiative of EQUAL Community  
Ministry of Education of the Slovak Republic in Bratislava  
Common Office in Zakamenné, Námestovo  
Office of Labour, Social Affairs and Family in Námestovo

## Contacts

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[www.icm.sk](http://www.icm.sk), [www.uciacisaregion.sk](http://www.uciacisaregion.sk)

Job Centre/Self Centre

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